

FEELING ILL?

Keep your co-workers and customers safe and protect your brand by reporting your illness to your manager.

Tell your manager if you feel ill or fall into any of these categories.

As a food worker, you can unknowingly contaminate food with dangerous pathogens and make customers sick.



If you have any of these symptoms:

- Vomiting
- Diarrhea
- Sore throat with fever
- Jaundice (yellow skin or eyes)
- Infected burns/cuts with pus on hands/wrists



If you have been exposed to a foodborne illness:

- You have eaten or handled food that was implicated in a foodborne illness
- You work somewhere that had an incident
- You live with someone who worked or ate at a location that had an incident



If you live with or care for someone with who has been diagnosed with:

- Norovirus
- Shigella
- Shiga toxin-producing *E. coli*
- Salmonella Typhi
- Hepatitis A